**Fiche d’évaluation «Renversement»**

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| Nom, prénom | Degré de difficulté du renversement | | | Tenue du corps | | | | Changement des positions (courbette) | | | | Réception (4a ou 4b) | | | | Nombre de points | Note |
| 1 | 2 | 3 | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 |  |
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**Exemple de barème**

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| 6 | 5,5 | 5 | 4,5 | 4 | 3,5 | 3 |
| 11, 12 | 10 | 8, 9 | 7 | 5, 6 | 4 | 3 et moins |