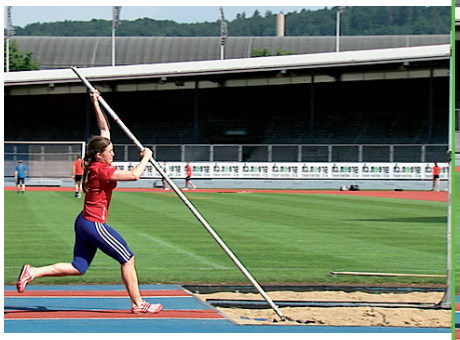Grobform des Stabspringens in den Sand