

# Fair play: Generous in victory and in defeat

Sport is the perfect way to foster team spirit and learn how to be fair to your opponents and true to yourself. The Olympic Museum, mobilesport.ch and the Cool & Clean programme are offering teachers a range of activity ideas to familiarise their pupils with the notion of fair play and the Olympic values.



As part of the «[We are Olympians, and You?](#)» programme, running from 13 April 2019 to 15 March 2020 at The Olympic Museum in Lausanne, teachers can invite their pupils to explore the themes of respect, friendship, fair play and team spirit.

To introduce these topics or build on the experience in class, The Olympic Museum has put together a worksheet on fair play and the Olympic values that includes information and turnkey activities.

## Fair play and the Olympic values

The «Fair play and the Olympic values» educational kit is aimed at teachers and comprises five sections:

- «Did you know?», which provides pupils with key information to learn about the Olympic values.
- Activities to boost the knowledge and creativity of 6 to 10-year-olds, sharpen their observational skills and really get them thinking. Pupils can work on these turnkey activities in class, alone or in small groups.
- Similar activities but for 11 to 15-year-olds.
- Sports-based games to put the Olympic values into practice.
- «Olympic object», which presents an item from the Olympic patrimony collections.

→ [«Fair play and the Olympic values» educational kit](#) (pdf)

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In order to actively promote fair play and tolerance in sport, mobilesport.ch and [cool & clean](#) have joined forces to develop a range of physical activities for pupils to do in PE class or in the playground.

A common underlying part of sport, fair play covers respect for your opponent, the rules, the referee's decisions, the public and the spirit of the game, as well as honesty and self-control.

## High five?

The five exercises presented below teach children about the importance of fair, respectful conduct in group activities, through examples of how not to behave. In each instance, one of the teams is secretly given an unfair advantage.

At the end of the lesson or session, everyone gets together to discuss their experiences as a group. The participants will have to answer a number of questions: Did everyone play fair? How did the team that was unknowingly competing in unfair conditions react? And what about the winners?

## Exercises

- [Star catch](#)
  - [Joker ball](#)
  - [On target](#)
  - [Shoeless](#)
  - [On your marks...](#)
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## Other fair play-themed games

- [«cool & clean» exercises](#)
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### **COOL & CLEAN**

Le programme de prévention «cool & clean» de Swiss Olympic s'engage en faveur d'un sport propre, fair-play et performant. Il aide les responsables à encourager les compétences psychosociales des jeunes, à identifier précocement les dérives dangereuses et à réagir correctement.

Swiss Olympic's «cool & clean» prevention programme is aimed at promoting high-performance sport that is clean and fair. It helps to teach young people valuable life skills, and to identify any early danger signs so that these can be addressed accordingly.

«cool & clean» is based around five commitments widely recognised by instructors and young people alike:

- Achieving your objectives (youth sport)  
Getting to elite level (competitive sport for upcoming talent)
  - Playing fair
  - Winning without doping
  - Saying no to smoking
  - Saying no to alcohol (M16)  
If you do drink alcohol, doing so without harming yourself or others (16+)
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